Wednesday 29<sup>th</sup> September 9 am – 5 pm CET

# Psychosocial impact of the COVID-19 Pandemic on Congenital Heart Disease Patients and Families

IT platform | Cisco Webex



ASSOCIATION FOR EUROPEAN PAEDIATRIC AND CONGENITAL CARDIOLOGY



UNIVERSITÀ DEGLI STUDI DI MILANO





I.R.C.C.S. Policlinico San Donato Gruppo San Donato

### INTRODUCTION AND PRESENTATIONS

- 9:00 Opening and Welcome, Institutional greetings IRCCS Policlinico San Donato E. Callus, Milan, Italy
- 9:15 Institutional Greetings: Università degli Studi di Milano, The impact of Information Communication and Technology in Medicine *G. Haus, Milan, Italy*

## **MODERATION BY K. DE GROOTE, GHENT, BELGIUM**

- 9:30 Coronavirus disease 2019 in adults with congenital heart disease, The European Society of Cardiology (ESC) International Society for Adult Congenital Heart Disease (ISACHD)
   M. Chessa, Milan, Italy
- 9:50 Remote consultations with families during COVID-19 F. Casey, Northern Ireland, UK
- 10:10 How COVID-19 is changing the assistance to patients, from the hospital to the territory services *R. Caruso, Milan, Italy*
- 10:30 Abstract Presentations
- 11:00 · Break

#### **MODERATION BY E. CALLUS, MILAN, ITALY**

- 11:20 Treating children with children with medically related subthreshold post-traumatic stress disorder:

   effects of Eye movement desensitization and reprocessing (EMDR)

   E. Utens & M. Meentken, Amsterdam, Rotterdam, The Netherlands
- 11:40 Psychologically Informed Medicine: Improving Psychosocial outcomes for people living with CHD during the COVID-19 pandemic and beyond *L. Morton, Stirling, Scotland, UK*
- 12:00 · Abstract Presentations
- 12:20 · Lunch Break

#### **MODERATION BY F. CASEY, NORTHERN IRELAND, UK**

- 13:30 Impact of the COVID-19 pandemic on health-related concerns, quality of life and psychological adjustment in young adults with congenital heart disease F. M. Wehrle, Zurich, Switzerland
- 13:50 The impact of COVID-19 pandemic on the surgical missions in congenital heart disease A. Frigiola, Milan, Italy
- 14:10 Abstract Presentations
- 15:00 · Break
- 15:20 Experiences of Patient Organisations During the COVID-19 pandemic PatientView A. Wyke, London, UK
- 15:40 Case examples of what worked in non-profit associations, introduced and moderated by *G. Campioni, Milan, Italy*
- *16:40* Conclusions: Psychosocial aspects in congenital heath disease during the COVID-19 pandemic *E. Callus, Milan, Italy*

#### Scientific committee and Support Committee

Local Edward Callus Massimo Chessa Alessandro Giamberti Mario Carminati Alessandro Frigiola

International Frank Casey Katya De Groote Committee of Support Alessia Spina Clinical Psychology Service Giovanna Campioni and AlCCA Staff