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&
Adult with Congenital Heart Disease

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Heart Capsules – video narrations of people with conHD together with a scientific outlook

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Music: Alessandro Maistro

A special thanks to Meki Massa for her passion in the development of this project.

Protagonists, 18 patients, all people who participated and offered their experience with enthusiasm and generosity.

Production and post production centre: Deruta 20 srl Milano, Infront spa Milano

Scientific Committee: Dr. Daniela Aschieri, Dr. Mario Carminati Dr. Massimo Chessa, Dr. Alessandro Giamberti, Dr. Diana Negura, Dr. Emilia Quadri, Dr. Edward Callus, Dr. Alexis Malavazos, Dr. Marco Bianchi
Presentation overview

- Introduction and promo video (3 mins)
- Conditions and topics covered
- Example – Fontan, some screenshots and description
- Conclusions
Introduction

- Potentially present difficulties with medical conditions:
  - The patient not to understand what the doctor explains
  - The doctor not to be able to explain himself/herself.

- H.C. is a health sector communication project which can be used by everyone - in-depth and non habitual knowledge about conHD
Method

- Comparison between doctor and patient - same questions asked:
  - Patients - highlight interesting news which could help others to recognize themselves and feel less isolated
  - Doctor - correct information about the medical condition.
Method

- This comparison is supported by 2D and 3D graphics explaining morphological pathologies from a clinical point of view.
- A didactic and educational source of information, but also real life first person experiences.
- Distribution in the departments of cardiology and cardiac surgery, for families, especially to patients.
Method

AICCA scientific committee - 7-11 questions for:

- Ventricular Septal Defect
- Fallot
- Fontan
- Patent Foramen Ovale
- Transposition of the Great Arteries
- Septal Defect
- Aortic Valve Stenosis
- Pulmonary Atresia
- Atrioventricular Canal
- Coarctation of the Aorta

Additional topics covered:

- The heart
- Nutrition
- Cardiac arrest
- Emotions
- Recreational sports
il Cuore in Pillole

- il cuore
- forame ovale pervio
- difetto setto interatriale DIA
- difetto setto interventricolare DIV
- canale atrio ventricolare
- tetralogia di Fallot
- trasposizioni grandi arterie TGA
- atresia polmonare
- coartazione dell'aorta
- stenosi valvolare aortica
- ventricolo unico Fontan
- emozioni
- attivita' sportiva
- alimentazione
- arresto cardiaco

CONTATTI
CREDITS
Example - Fontan

1. What does the term single ventricle mean?
2. What does this pathology entail?
3. How many interventions are necessary?
4. Is it a definitive correction?
5. Complications can give rise to contraindications for physical activity?
6. Who underwent the Fontan operation can program a pregnancy?
7. Is it possible to travel normally by plane or else there can be suffering due altitude?
ventricolo unico: Fontan
Conclusion

This project is an attempt to educate about the most common conditions in congenital heart disease, by giving relevance also to the subjective experiences of the people who have those conditions.

Interesting comparison of perspectives and hopefully an educational instrument to help feel less isolated.
For more information on the project
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