



menudos corazones

FUNDACIÓN DE AYUDA A LOS NIÑOS CON PROBLEMAS DE CORAZÓN

***“NEGATIVE FEELINGS AND
EMOTIONAL ADJUSTMENT OF
FAMILIES WITH CHILDREN AFFECTED
BY CONGENITAL HEART DISEASE”***

In collaboration with:
Complutense University of Madrid



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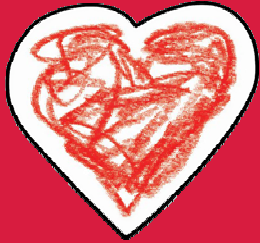
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Quantitative research

“Negative feelings and emotional adjustment of families with children affected by congenital heart disease”

Three scales in diagnosis, hospitalization and return home. Aspects studies: Feelings, Thoughts, Conduct, Useful conduct, Information resources and Useful resources.

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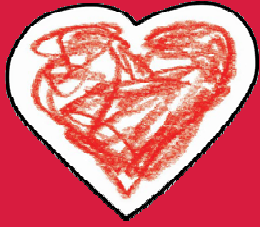


RESULTS (Hungary 2011)

Quantitative research

1. Intensity of negative feelings similar in diagnosis and hospitalization.
2. Diagnosis stage: coping strategies are oriented to manage emerging emotions.
3. Hospitalization stage: coping strategies focus on how to manage the problem.
4. Return home stage: negative feelings are less intense. Fear and anguish continue.
5. Return home stage: the parents say they don't feel support when adapting at home.

No significant values in peer-to-peer support in D. and H periods..



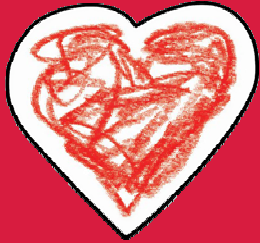
Qualitative research: Theoretical Context

Purpose the research:

- To deeply study the return home time.
- To offer support groups to parents.

Previous studies have shown:

- Positive influence of social support on health issues and on online support group.
- Contradictory results from online groups on depression and distress.



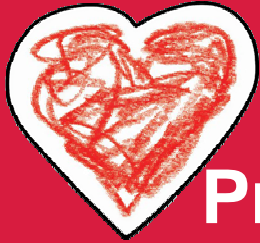
Qualitative research: Methodology

1. INTERVIEWS:

- a. With a variety of eight people
- b. Asked about subjects of interest for families in the return home period.

1. TWO GROUPS LED BY PSYCHOLOGISTS:

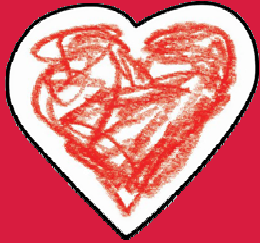
- a. One with 5 mothers and another with 5 fathers.
- b. The leading question: do you think an online parent-to-parent group will help you to cope with the return home difficulties?



Qualitative research:

Preliminary results from Mothers Focus group

1. A positive reaction to participation in online peer-support, if it would help with emotional release. (*“They know that others understand what they are going through”*)
2. A negative reaction to possible distortion was pseudo-medical consultations (*“there are mothers who seem to know more than the cardiologist knows”*).
3. The response was unclear on the subject if to participate in the online group could increase rather than decrease negative feelings. (*“I quit a heart disease group because it was so depressing”*).

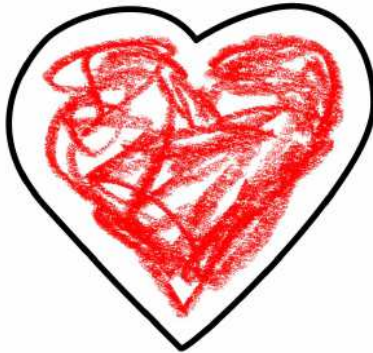


New element:

“Pilot e-learning project”

MOODLE PILOT COURSE:

- Lasting three months
- 12 fathers and mothers, members of Menudos Corazones.
- Is online parent-to-parent support a more effective strategy for coping with distress if placed within a semi-structured learning experience?



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THANK YOU VERY MUCH

Belén Tarrat Fierros

Psychologist of Menudos Corazones Foundation

www.menudoscrazones.org E-mail: psicologa@menudoscrazones.org